

Solitude time out to rest reflect, and renew.

Isolation - the sense of being unattached and disconnected.



Solitude without Isolation.

Luke 5:16

"But Jesus himself would often slip away to a deserted place and pray."

Psalm 23:4

"Even though I walk through the valley of the shadow of death, I fear no evil, for You are with me."

The pain of being alone can lead to unhealthy attachments that are worse than isolation.

Soft addictions

Among Patients with Untreated

Substanced Abuse Disorders...

- food
- shopping
- work
- exercise
- money people

commit suicide

Hard addictions

- druas
- pornography
- obsessive behavior

One study found that isolation is a risk factor for disease on par with smoking and obesity. Loneliness often leads to stress, which is a risk factor for many conditions in its own right.

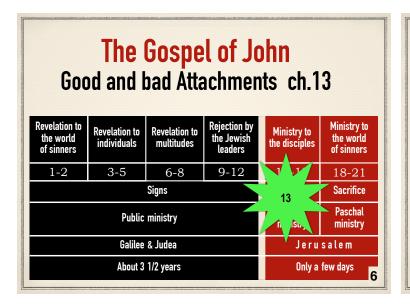
The New Hork Times Aug. 4, 1988

Sin is a displaced attachment.

Ephesians 2:5

"even when we were dead in our transgressions, (He) made us alive together with Christ."





John 13 **Attachment**

1-20 **Jesus** washes feet

"8 If I do not wash you, you have no part with Me."

Attachment through intimate connection

"14 If I then, the Lord and the Teacher, washed your feet, you also ought to wash one another's feet. 15 For I gave you an example that you also should do as I did to you."

John 13 **Attachment**

1-20 **Tesus** washes feet

Attachment

through

intimate

connection

John 14:20

"In that day you shall know that I am in My Father, and you in Me, and I in you.

John 13

Attachment Disorder

1-20 **Tesus** washes feet

21-30 **Judas**' hetraval

31-38 Peter's denial

Attachment through intimate connection

Detachment or Attachment to the wrong things

Judas' betrayal predicted

"2 During supper, the devil having already put into the heart of Judas Iscariot, the son of Simon, to betray him."

"21 When Jesus had said this, He became troubled in spirit, and testified, and said, "Truly, truly, I say to you, that one of you will betray Me.". . . 24 Simon Peter therefore gestured to him, and said to him, "Tell us who it is of whom He is speaking." 25 . . . "That is the one for whom I shall dip the morsel and give it to him." So when He had dipped the morsel, He took and gave it to Judas, the son of Simon Iscariot. 27 And after the morsel, Satan then entered into him. Jesus therefore said to him, "What you do, do quickly.". . . 30 And so after receiving the morsel he went out immediately; and it was night." 10

Judas' heart exposed

John 12

"3 Mary therefore took a pound of very costly perfume of pure nard, and anointed the feet of Jesus, and wiped His feet with her hair; and the house was filled with the fragrance of the perfume. 4 But Judas Iscariot, one of His disciples, who was intending to betray Him, said, 5 "Why was this perfume not sold for three hundred denarii, and given to poor people?" 6 Now he said this, not because he was concerned about the poor, but because he was a thief, and as he had the money box, he used to pilfer what was put into it."

Judas' heart exposed

Matthew 26

"14 Then one of the twelve, named Judas Iscariot, went to the chief priests, 15 and said, "What are you willing to give me to deliver Him up to you?" And they weighed out to him thirty pieces of silver. 16 And from then on he began looking for a good opportunity to betray Him."

Mark 4

"18 And others are the ones on whom seed was sown among the thorns; these are the ones who have heard the word, 19 and the worries of the world, and the deceitfulness of riches, and the desires for other things enter in and choke the word, and it becomes unfruitful."

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Judas' heart exposed

The Point

Sin is the displaced attachment of our faith, hope, and love.

Judas' faith, hope, and love were attached to material security rather than Jesus.

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1 Timothy 6

"5 and constant friction between men of depraved mind and deprived of the truth, who suppose that godliness is a means of gain. 6 But godliness actually is a means of great gain, when accompanied by contentment. 7 For we have brought nothing into the world, so we cannot take anything out of it either. 8 And if we have food and covering, with these we shall be content. 9 But those who want to get rich fall into temptation and a snare and many foolish and harmful desires which plunge men into ruin and destruction. 10 For the love of money is a root of all sorts of evil, and some by longing for it have wandered away from the faith, and pierced themselves with many a pang."

Matthew 6

"19 Do not lay up for yourselves treasures upon earth, where **moth** and **rust** destroy, and where **thieves** break in and steal. 20 But lay up for yourselves treasures in heaven, where neither moth nor rust destroys, and where thieves do not break in or steal; 21 for where your treasure is, there will your heart be also. 22 The lamp of the body is the eye; if therefore your eye is clear, your whole body will be full of light. 23 But if your eye is bad, your whole body will be full of darkness. If therefore the light that is in you is darkness, how great is the darkness! 24 No one can serve two masters; for either he will hate the one and love the other, or he will hold to one and despise the other. You cannot serve God and mammon."

Colossians 3

"1 If then you have been raised up with Christ, keep seeking the things above, where Christ is, seated at the right hand of God. 2 Set your mind on the things above, **not on the things that are on earth**."

Philippians 3

"17 Brethren, join in following my example, and observe those who walk according to the pattern you have in us. 18 For many walk, of whom I often told you, and now tell you even weeping, that they are enemies of the cross of Christ, 19 whose end is destruction, whose god is their appetite, and whose glory is in their shame, who set their minds on earthly things."

How to recognize a toxic attachment to the false riches of this world.

- Materialism is an unhealthy attachment to and preoccupation with the things of this world by both the poor and the rich.
- If it can be consumed, rust, or be stolen it is a false treasure. Matt.6:19-21
- Monitor your anger and anxiety What are the triggers that set them off?

Peter's denial predicted

John 13

"36 Simon Peter said to Him, "Lord, where are You going?" Jesus answered, "Where I go, you cannot follow Me now; but you shall follow later." 37 Peter said to Him, "Lord, why can I not follow You right now? I will lay down my life for You." 38 Jesus answered, "Will you lay down your life for Me? Truly, I say to you, a cock shall not crow, until you deny Me three times."

Luke 22

"56 And a servant girl, seeing him as he sat in the firelight and looking intently at him, said, "This man was with him too". 57 But he denied it saying, "Woman, I do not know him.""

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Peter's denial predicted

The Point

Messianic commitment may be tied to misguided expectations.

Peter's faith, hope, and love were attached to false expectations of what Christ would be and do.

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Peter's false expectations

- Jesus would enter Jerusalem as a reigning king not a suffering sacrifice.
- Jesus' disciples would be set free from all suffering to reign with Jesus.
- The Kingdom of God would be material, temporal, and immediate.

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Our false expectations

- God's Kingdom is all about this life temporal and tangible.
- · Godliness is a means of "great gain".
- My calling is to be served rather than to serve
 - to get answers to my prayers as opposed to being the answer to someone else's prayers.
 - to be justly teated as opposed to bearing a cross.
 - to receive grace as opposed to offering grace.
 - to reign with Christ as opposed to suffering for him.

Satan's temptation of Jesus

Matthew 4

"1 Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. 2 And after He had fasted forty days and forty nights, He then became hungry. 3 And the tempter came and said to Him, "If You are the Son of God, command that these stones become bread." . . . 5 Then the devil took Him into the holy city; and he had Him stand on the pinnacle of the temple, 6 and said to Him, "If You are the Son of God throw Yourself down; for it is written, 'He will give His angels charge concerning You'; and 'On their hands they will bear You up, Lest You strike Your foot against a stone." . . . 8 Again, the devil took Him to a very high mountain, and showed Him all the kingdoms of the world, and their glory; 9 and he said to Him, "All these things will I give You, if You fall down and worship me.""

Satan tries to distort our expectations. 22

John 13 Attachment Disorder

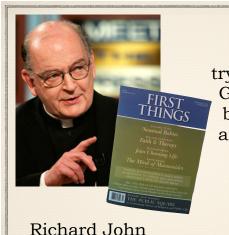
21-30 Judas' betrayal

Judas' heart was attached to the false riches of this world.

31-38 Peter's denial

Peter's heart was attached to false expectations of God's world.

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"Idolatry is trying to bring in God's Kingdom before its time and without its King."

Richard John Newhouse

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Political anxiety and fear

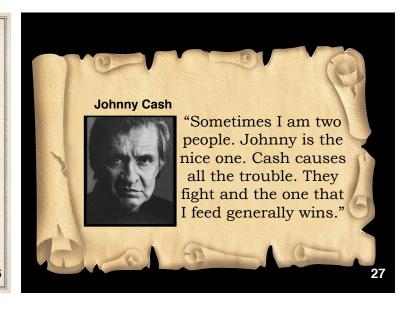
- We foolishly expect that if we can be assured of politically favorable policies we are safe.
 - conservative Supreme Court Judges.
 - Biblical moral standards.
 - material prosperity.
- History has shown us that God's people do not always handle cultural blessings very well.
 - The gold that the Israelites brought out of Egypt quickly became a "calf" (idol) they worshiped.

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How to medicate a toxic attachment to the false riches and expectations.

- Discern the Scriptures don't just look at the texts that tickle your ears.
- Renew your mind put your eye on the true treasure.
- Invest your life your heart will follow your investments.
- Feed your "new man" in Christ.
- Join a healthy Christian community.

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We long for an attachment to God and one another that comes through faith in Christ.

How do we know that we are not alone?

1. Our Connections (*Jn. 14:1-15*)

2. The Holy Spirit (*Jn. 14:16-31*)

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